

We're so excited to be a part of your big day. We've put together a sample bridal treatment plan and timeline because you deserve to focus on yourself during this exciting time! Whether you've got a year, or a few months we've got you covered.

## **1 YEAR PLAN**

12 mon.- Tox, Filler Consult, Facial 11 mon.- BBL/MOXI 10 mon.- BBL/MOXI, Facial 9 mon.- BBL/MOXI 8 mon.- Tox, Filler, Facial 6 mon.- Laser Hair Removal 5 mon.- Laser Hair Removal. Facial 4 mon.- Tox, Filler, Laser Hair Removal 3 mon.- Laser Hair Removal, Facial 2 mon.- Facial 6 weeks.- Tox 2 weeks- MOXI (if needed)

1 week- Dermaplaning, Enzyme Facial, Brow Wax

(your makeup artist will love you!)

#### 6 MON. PLAN

6 mon. - Facial 5 mon.- Laser Hair Removal 4 mon.- Tox, Filler, Laser Hair Removal. Facial 3 mon.- BBL/MOXI, Laser Hair Removal 2 mon.- BBL/MOXI, Laser Hair Removal 6 weeks- Tox 1 mon.- BBL/MOXI 2 weeks- Facial 1 week- Dermaplaning, Enzyme Facial, Brow Wax

## 4 MON. PLAN

4 mon.- Filler/Tox, Facial 3- BBL/MOXI 2 mon.- BBL/MOXI 6 weeks-Tox 1 mon.- BBL/MOXI 2 weeks - Facial 1 week- Dermaplaning, Enzyme Facial, Brow Wax

# Get started now!



352-462-4662



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These are our am & pm favorites for perfect bridal skin.



Skinbetter Science EyeMax



ISDIN Flavo-C Vitamin C



ISDIN

### PM

AM



Skinbetter Science EyeMax

Skinbetter Science AlphaRet Overnight

Skinbetter Science Mystro

## TREATMENT GLOSSARY

#### TOX & FILLER

The use of neuromodulators can help reduce or soften fine lines and wrinkles on your forehead, around the eyes (crows feet), glabella (between the eyes), wrinkles on the nose, and so much more. Well placed filler can address issues like thin or asymmetrical lips, hollowing under the eyes, fullness in the cheeks and mid-face, recessed chin, and other areas of concern. Schedule your consult first so we have lots of time to plan.

#### **BBL/MOXI**

BBL Hero is the fastest way to treat redness, sun damage and troublesome age spots across your whole body! Add MOXI to lighten, brighten and refresh your complexion! MOXI can correct pigmentation issues, revitalize your skin, and improve tone and texture. Treatments are done in a series of three, so depending on your timeline get started now.

#### LASER HAIR REMOVAL

Make sure your wedding day doesn't include razor bumps and ingrown hairs! Laser Hair Removal is a fast, painless way to save yourself time on your special day (and beyond!). Typically completed in 4-6 treatments, you'll want to get started on this asap.